

Making a difference  
to the world's health.



# MASTER OF PUBLIC HEALTH – NUTRITION

SCHOOL OF PUBLIC HEALTH, UQ HERSTON

Nutrition plays a key role in the promotion and maintenance of the health of communities around the world.

UQ's Master of Public Health – Nutrition gives students a broad understanding of nutrition and its role in the public health agenda. Particular emphasis is placed on the nutrition transition – that is, from under-nutrition to over-nutrition and obesity – and on understanding the causes and nature of these changes, as well as effective programs and policies to overcome them.

This degree gives students the knowledge and practical experience they need to:

- assess the nutrition situation in populations and communities
- design, implement and evaluate programs to prevent and alleviate nutrition problems
- evaluate community nutrition programs
- adapt nutrition programs to changing social, economic and technical circumstances
- effectively communicate their findings

Opportunities for fieldwork in South and South-East Asia and Latin America allow students to put what they have learned into practice.



THE UNIVERSITY  
OF QUEENSLAND  
AUSTRALIA



### What will I study?

The core courses of the Nutrition program ensure that all students gain the core knowledge and skills required to work across a wide range of populations and countries:

- Nutrition and Health
- Evidence in Public Health Nutrition
- Introduction to Epidemiology
- Health Systems
- Social Perspectives in Population Health
- Introduction to Environmental Health
- Introduction to Biostatistics

Depending on their chosen plan, students select from a wide range of elective courses that cover both traditional and emerging public health issues such as:

- Nutrition in International Health
- Understanding Health Behaviours
- Health Behaviour Interventions
- Managing Global Disease Priorities

In the last semester of a Masters degree, students complete a capstone course or undertake a dissertation. This course or dissertation gives the student an opportunity to apply the knowledge, skills and competencies learned during the program to a particular Nutrition problem, relevant to their own career aspirations.

The Nutrition program can also be studied at Graduate Diploma and Graduate Certificate level. Full details of all study options and courses can be found at [www.sph.uq.edu.au](http://www.sph.uq.edu.au).

### Careers

UQ's Nutrition program is recognised as offering among Australia's most in-depth training in the most pressing nutritional issues of international, particularly developing, countries.

Many of our graduates go on to work in non-government organisations, international aid agencies, hospitals and community health centres, health departments and public health units, food production industries and universities.

Careers in Nutrition are diverse and offer something for everyone. On any given day, our graduates might be:

- Collaborating with researchers in Mexico to develop effective health policies to combat increasing rates of obesity
- Evaluating which micronutrient supplements can help prevent malnutrition of children in East Timor
- Researching the significance of nutrition in the incidence of some cancers
- Designing a study to discover how Australia's urban lifestyles are affecting the quality of family meals

Whether working 'hands-on' in the field, or in research, academia or government, all Nutrition professionals have the potential to make a real difference to the world's health.

### World-leading expertise

Program content is evidence-based and comprehensive, reflecting the School's strong links with leading international development agencies (including **Australian Aid**, the World Bank and the World Health Organization) as well as the fact that some of the field's seminal texts were authored by School staff.

The Nutrition program is also enriched by the School's projects and collaborations with partners including the Atlantic Philanthropies, the Bill & Melinda Gates Foundation, Harvard University and the Ministries of Health of several countries including Mexico and Thailand.

### Why study at UQ?

When you come to The University of Queensland your learning experience will be enriched by first class services and facilities, flexible study options and exciting research and international study opportunities.

Our students enjoy many benefits from our international reputation for teaching quality and our leading research, recently judged as amongst the world's best by the Australian Research Council. UQ is Queensland's oldest university and has won more teaching awards than any other Australian university.

**For more information contact:**

**School of Public Health**

**Phone** 07 3365 5345 (Australia) +61 7 3365 5345 (International)

**Email** [enquiries@sph.uq.edu.au](mailto:enquiries@sph.uq.edu.au) [www.sph.uq.edu.au](http://www.sph.uq.edu.au)



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