

# The School of Public Health Mentoring Program

Supporting Early Career Researchers to build networks and skills for success

The School of Public Health is proud to be an early adopter of the Faculty of Medicine's Early Career Mentoring Program.

## Who can be involved?

While focused on Early Career Researchers (ECRs), any Academic within the School of Public Health can be involved as either a mentor or a mentee.

## Benefits of being mentored

- building skills and networks to advance your research career
- receiving guidance and feedback on specific fellowship, grant or publication activities additional to supervisor feedback
- receiving guidance on approaches to dealing with life and career related challenges and opportunities

## Benefits of being a mentor

Mentoring others is an important part of career development for research-engaged academics.

[UQ's Criteria for Academic Performance Policy](#) emphasises the importance of mentoring others, particularly for more senior academics.

Visit <https://ppl.app.uq.edu.au/content/5.80.19-mentoring> for more information on UQ's mentoring policy.

**Sign up now to secure your place for 2020!**

Contact [med.research.sph@uq.edu.au](mailto:med.research.sph@uq.edu.au)



“The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves.”

— Steven Spielberg

“Mentoring is a brain to pick, an ear to listen, and a push in the right direction.”

— John Crosby

“We make a living by what we get, we make a life by what we give.”

— Winston Churchill

What does the program involve?

The program features the following components:

- **Matching mentors with mentees:** Matching mentees with a mentor and a team of support people to guide their career.
- **An early year check-in:** This is a meeting held for mentees and their mentoring team in February/March to discuss concerns, introduce key support staff, and develop a personal values proposition.
- **Pre-appraisal check-in:** This is a meeting held for mentees and their mentoring team pre-appraisal (usually March/April annually) where mentees give a brief presentation, and the mentoring teams provide feedback to guide their development.
- **End of year check-in:** This is a meeting between the mentor and mentee, providing an opportunity for targeted guidance, and for mentees to debrief on their appraisal.
- **Regular capacity building workshops:** Set to kick-off in November 2019, these workshops will be held monthly, covering topics such as budgeting, writing for impact, IP, media training, the art of pitching, building your personal value proposition and more.

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For further details, please contact:

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Visit [public-health.uq.edu.au/research/research-support](http://public-health.uq.edu.au/research/research-support)



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