

Student Name:  
 Student Number:  
 Date Study Plan Completed:

## Bachelor of Health Sciences – Nutrition Specialisation Full-time Study Plan for Semester 1 2026



To complete the Bachelor of Health Sciences (Nutrition Specialisation), Complete 48 units comprising: 40 units from Nutrition Specialisation Compulsory Courses, and 8 units from Nutrition Specialisation Elective Courses.

For further enquiries or progression assistance, please contact [hmb@enquire.uq.edu.au](mailto:hmb@enquire.uq.edu.au)

Year 1	Part	Campus	Completed	To be completed
<b>Semester 1</b>				
BIOM1070 Biology for Health Sciences Part A	Specialisation	St Lucia		
CHEM1090 Introductory Chemistry <b>OR</b> CHEM1100 Chemistry 1	Specialisation	St Lucia		
PUBH1102 Introduction to Public Health	Specialisation	St Lucia		
PSYC1030 Introduction to Psychology: Developmental, Social and Clinical Psychology	Specialisation	St Lucia		
<b>Semester 2</b>				
BIOM1071 Biology for Health Sciences Part B	Specialisation	St Lucia		
HPRM1100 Introduction to Health Promotion Principles and Strategies	Specialisation	St Lucia		
CHEM1221 General, Organic & Biological Chemistry	Specialisation	St Lucia		
PUBH1103 Health Systems and Policy	Specialisation	St Lucia		
<b>Year 2</b>				
<b>Semester 1</b>				
FOOD2000 Food Science	Specialisation	St Lucia		
BIOC2000 Biochemistry and Molecular Biology	Specialisation	St Lucia		
NUTR2101 Nutrition Science	Specialisation	St Lucia		
<i>Elective</i>	Elective			
<b>Semester 2</b>				
PUBH2007 Health Data Analysis	Specialisation	Herston		
INDH1005 Aboriginal & Torres Strait Islander Health	Specialisation	St Lucia		
BIOM2015 Physiology and Pharmacology of Human Disease	Specialisation	St Lucia		
<i>Elective</i>	Elective			
<b>Year 3</b>				
<b>Semester 1</b>				
NUTR3011 Understanding Population Nutrition	Specialisation	St Lucia		
PHYL2730 Exercise Physiology	Specialisation	St Lucia		
<i>Elective</i>	Elective			
<i>Elective</i>	Elective			
<b>Semester 2</b>				
HLTH3001 Practicum in Health Sciences	Specialisation	Herston		
BIOC3006 Biochemistry of Metabolism in Health and Disease	Specialisation	St Lucia		
NUTR3012 Community & Public Health Nutrition	Specialisation	St Lucia		
NUTR3201 Advanced Nutrition Sciences	Specialisation	St Lucia		

**Nutrition Specialisation Electives Courses: Complete exactly #8 units from the following –**

**Selected courses must include at most 6 units at level 1.**

<b>Course Code</b>	<b>Course Title</b>	<b>Semester</b>	<b>Campus</b>
ABTS2010	Indigenous Gender Matters	1	St Lucia
ABTS2030	Exploring Indigenous Art, Film, Music and Literature through Iconic Works	2	St Lucia
ABTS3020	Working with Indigenous People	2	St Lucia
ANTH2250	Medical Anthropology: Local and Global Perspectives	1	St Lucia
HLTH2000 OR HLTH2001	Understanding Digital Health OR Introduction to Clinical Telehealth	1 & 2	External
HLTH3007	Research Project	2	Herston
LAWS1100	Business Law	1 & 2	St Lucia
MGTS1982	Working with Groups and Teams	2	Gatton
MGTS2603	Leading and Managing People	1	St Lucia
MGTS2606	Contemporary Business Communication and Organisation	2	St Lucia
MKTG1501	Foundations of Marketing	1 & 2	St Lucia
NUTR1023	Health and Fitness Through Diet and Exercise	1 & Summer	St Lucia & External
NUTR2003	Nutrition in the Lifespan	2	Herston
NUTR3000	Nutrition and Exercise	1	St Lucia
NUTR4000	Sports Nutrition	1	St Lucia
POLS1201	Introduction to International Relations	1 & 2	St Lucia
POLS1701	Introduction to International Inequality and Development	1	St Lucia
POLS2211	International Organisations and Political Cooperation	2	St Lucia
POLS2404	The Political Dynamics of Development and Resistance	2	St Lucia
PUBH1108	Health Research and Evidence	1	St Lucia
PUBH1109	Measurement in Health	1	St Lucia
PUBH1110	Exploring Wicked Problems in Health	2	St Lucia
PUBH2004	Understanding Health Behaviours	2	St Lucia
PUBH2008	Major Diseases and their control	1	Herston
PUBH3002	Health Policy in Practice	1	Herston
PUBH3005	Influencing Health Behaviours	1	Herston
PUBH3009	Environmental Health	1	Herston
PUBH3010	Global Health and Infectious Disease	2	Herston
SOCY1030	Introduction to Health, Illness and Society	2	St Lucia

**Or up to #8 from other undergraduate courses approved by the Program Director.  
These courses must be in a health-related field to be approved.**

**Important note:** Course selection is the student's responsibility. Course selection advice is provided in good faith, and it is your responsibility to note the course offerings, prerequisites, recommended prerequisites, and restrictions for the courses you enroll into. If an Advisor suggests a course or waives a prerequisite for you, it is your responsibility to monitor your progress and to carefully consider your options before the census date.