

<b>Project title:</b>	Exploring the relationship of sitting time with cognitive function
<b>Hours of engagement &amp; delivery mode</b>	30-36 hours per week  In person, Herston Campus, Public Health Building 887
<b>Description:</b>	Dementia is an important public health issue. In the absence of effective treatment, prevention initiatives are very important. There are many well-established risk factors for dementia, including diabetes and physical inactivity. One emerging risk factor is sitting time. To address these factors, we conducted the Optimise your health randomised controlled trial which investigates whether sitting less and moving more improves brain health in people with type 2 diabetes. This trial has finished data collection, and this project is to assist with the preparation of publications from the trial.
<b>Expected learning outcomes and deliverables:</b>	Scholars will gain skills in searching the literature, synthesising the evidence, contributing to publications, and there is potential to undertake some statistical analysis (depending on the skill of the scholar)
<b>Suitable for:</b>	This project is open to applicants with a background in public health, psychology / neuroscience, or human movement and would suit a student considering a PhD or research career
<b>Primary Supervisor:</b>	<a href="#">Dr Paul Gardiner</a>  <a href="mailto:p.gardiner@uq.edu.au">p.gardiner@uq.edu.au</a> (07) 3365 5196
<b>Further info:</b>	The supervisor MUST be contacted by students prior to submission of an application