Bachelor of Health Sciences – Nutrition Specialisation Full-time Study Plan commencing in Semester 2 2025



To complete the Bachelor of Health Sciences (Nutrition Specialisation), a student is required to obtain #48 comprising of: #40 from Nutrition Specialisation and #8 from Elective Courses.

For further enquiries or progression assistance, please contact hmbs@enquire.uq.edu.au

Year 1	Part	Campus	Completed	To be completed
Semester 2				
PUBH1103 Health Systems & Policy	Specialisation	St Lucia		
HPRM1100 Introduction to Health Promotion Principles & Strategies	Specialisation	St Lucia		
INDH1005 Aboriginal & Torres Strait Islander Health	Specialisation	St Lucia		
<i>Elective Recommendation</i> – NUTR2003 Nutrition in the Lifespan	Elective			
Semester 1				
BIOM1070 Biology for Health Sciences Part A	Specialisation	St Lucia		
CHEM1090 Introductory Chemistry	Specialisation	St Lucia		
or CHEM1100 Chemistry				
PUBH1102 Introduction to Public Health	Specialisation	St Lucia		
PSYC1030 Introduction to Psychology: Developmental, Social & Clinical Psychology	Specialisation	St Lucia		
Year 2				
Semester 2				
BIOM1071 Biology for Health Sciences Part B	Specialisation	St Lucia		
CHEM1221 General, Organic & Biological Chemistry	Specialisation	St Lucia		
PUBH2007 Health Data Analysis	Specialisation	Herston		
NUTR3012 Community & Public Health Nutrition	Specialisation	St Lucia		
Semester 1				
NUTR2101 Nutrition Science	Specialisation	St Lucia		
FOOD2000 Food Science	Specialisation	St Lucia		
BIOC2000 Biochemistry & Molecular Biology	Specialisation	St Lucia		
Elective	Elective			
Year 3				
Semester 2				
HLTH3001 Practicum in Health Sciences	Specialisation	Herston		
BIOC3006 Biochemistry of Metabolism in Health and Disease	Specialisation	St Lucia		
BIOM2015 Physiology and Pharmacology of Human Disease	Specialisation	St Lucia		
NUTR3201 Advanced Nutrition Sciences	Specialisation	St Lucia		
Semester 1				
NUTR3011 Understanding Population Nutrition	Specialisation	St Lucia		
PHYL2730 Exercise Physiology	Specialisation	St Lucia		
Elective	Elective			
Elective	Elective			

Nutrition Specialisation Electives Courses: Complete exactly #8 units from the following -

Selected courses must include at most 6 units at level 1.

Course Code	Course Title	Semester	Campus
ABTS2010	Indigenous Gender Matters	1	St Lucia
ABTS2030	Exploring Indigenous Art, Film, Music and Literature through Iconic Works	2	St Lucia
ABTS3020	Working with Indigenous People	2	St Lucia
ANTH2250	Medical Anthropology: Local and Global Perspectives	1	St Lucia
HLTH2000 or HLTH2001	Understanding Digital Health or Introduction to Clinical Telehealth	1 & 2	External
HLTH3007	Research Project	2	Herston
LAWS1100	Business Law	1 & 2	St Lucia
MGTS1982	Working with Groups and Teams	2	Gatton
MGTS2603	Leading and Managing People	1	St Lucia
MGTS2606	Contemporary Business Communication & Organisation	2	St Lucia
MKTG1501	Foundations of Marketing	1 & 2	St Lucia
NUTR1023	Health & Fitness Through Diet & Exercise	1 & Summer	St Lucia & External
NUTR2003	Nutrition in the Lifespan	2	Herston
NUTR3000	Nutrition and Exercise	1	St Lucia
NUTR4000	Sports Nutrition	1	St Lucia
POLS1201	Introduction to International Relations	1, 2 & Summer	St Lucia
POLS1701	Introduction to International Inequality and Development	1	St Lucia
POLS2211	International Organisations and Political Cooperation	2	St Lucia
POLS2404	The Political Dynamics of Development and Resistance	2	St Lucia
PUBH1108	Health Research and Evidence	1	St Lucia
PUBH1109	Measurement in Health	1	St Lucia
PUBH1110	Exploring Wicked Problems in Health	2	St Lucia
PUBH2004	Understanding Health Behaviours	2	St Lucia
PUBH3002	Health Policy in Practice	1	Herston
PUBH3005	Influencing Health Behaviours	1	Herston
PUBH3009	Environmental Health	1	Herston
PUBH3010	Global Health and Infectious Disease	2	Herston
SOCY1030	Introduction to Health, Illness and Society	2	St Lucia

Or up to #8 from other undergraduate courses approved by the Program Director. <u>These courses must be in a health-related field to be approved.</u>

Important note: Course selection is the student's responsibility. Course selection advice is provided in good faith, and it is your responsibility to note the course offerings, prerequisites, recommended prerequisites, and restrictions for the courses you enroll into. If an Advisor suggests a course or waives a prerequisite for you, it is your responsibility to monitor your progress and to carefully consider your options before the census date.