

Let's talk periods.

Good or bad, we want to know how your period impacts your life.

Who can join?

Mothers and daughters

What's involved?

Mothers: Survey

Daughters: In-app period diary + survey

Why participate?

Receive a gift card for \$30 (mums) or \$50 (daughters).

Improve life for young people with **period issues** or **pelvic pain**.



Scan to register





For further information please visit bit.ly/MadeHER

This research has ethical approval from The University of Queensland Human Ethics Committee. Ethics ID number: 2024/HE000718.



